

CHARITIES Committee

A Helping Hand

Kevin Miller, Chairman



The RISAA Charities Committee exists to lend a helping hand to others in need, and is a way of giving back to our community.

Alzheimer's Association: Rhode Island Chapter

Report by LYNN MEDEIROS

THIS MONTH'S CONTRIBUTION

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Almost everyone knows someone who has some degree Alzheimer's Disease, which effects more that five million Americans. There is NO cure.

Alzheimer's is not a normal part of aging. It is however an age-related, progressive and irreversible disease of the brain. Those effected slowly lose the ability to remember, to reason, to communicate and to care for themselves. Alzheimer's affects the lives of family and friends because they are the ones who provide most of the care that is needed.

One in seven people over the age of 65 years old have is disease. Alzheimer is a major public health problem in this country because of the enormity of its impact on families, individuals, the health care system and society as a whole.

According to the Alzheimer's Association there are **Ten Warning Signs** of Alzheimer's:

1. Memory loss that disrupts daily life
2. Challenges in planning and solving problems

3. Difficulty completing familiar tasks at home, work or leisure
4. Confusion with time or place
5. Trouble understanding visual images and spatial relationships
6. New problems with words in speaking or writing
7. Misplacing things and losing the ability to retrace steps
8. Decreased or poor judgement
9. Withdrawal from work or social activities
10. Changes in mood and personality



Lynn Medeiros (l) presents RISAA check to Lisa Cornell, Finance Director of the RI Alzheimer's Association

The Rhode Island chapter is a non-profit, private organization. It is affiliated with the National Alzheimer Association, but it is supported solely by donations from individuals as well as public and private foundation grants.

To find out more or make a donation contact the RI Chapter at www.alz.org/ri or call 401-421-0008.

Their office is located at 245 Waterman Street, Suite 306, Providence, RI 02906

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